

Explore your future.
There are opportunities for everyone.
We are here to help.



Opportunities for Employment (OFE) is a private organization made up of a team of professionals. Established in 1996, OFE has assisted over 10,000 individuals in finding meaningful employment.

We are located centrally in Downtown Winnipeg. OFE is accessible by bus and is located beside the MTS Centre on Portage Avenue.



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HOPE IN ACTION

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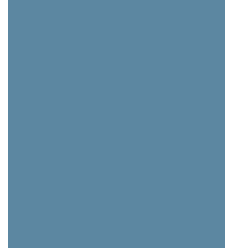
Persons with a Disability

Work Readiness Assessment &
Development for Persons with a
Disability



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The Stages of Change Model (SOC)

The Stages of Change Program for Persons with Disabilities uses the Stages of Change model to work with participants.

The Stages of Change model is an innovative approach to respond to motivational issues facing job seekers with the potential to resolve uncertainty and move individuals towards an effective job search and sustainable employment.

Proven Stages of Change methods have helped hundreds of people since its inception at OFE in 2007.

Program Description

An initial assessment is conducted with the participant to determine their readiness to participate in the program.

Using motivational interviewing techniques and proven Stages of Change workshops to explore uncertainty towards working, the client moves towards being prepared to search for employment.

Development of an employment plan and job search tools along with coaching participants during their job search, provides a supportive and encouraging environment to search for employment.

Achieving your goals.

We understand your challenges; will work at your pace and when you are ready, will assist you in reaching your employment goals.

Employment Consultation Services

- Motivational Interviewing
- Stages of Change workshops
- Drop-in support groups
- One-on-one employment consultation
- Guided daily job search
- Networking opportunities
- Resume development
- Interview preparation
- Daily job leads
- Direct access to employers
- Career exploration
- Access to Job Resource Area
- Follow up support to facilitate job retention

Testimonials

“With my disability, I felt I couldn’t compete for jobs because I lacked confidence. I knew my life would improve by working. I just needed help to start moving forward. The SOC program gave me the inspiration and motivation needed to reach my goals. Thanks OFE!”

- NANCY

“I’m glad a program like this exists because it can help steer you in the right direction if you’re feeling uncertain. The staff at OFE helped me reach my potential and I feel good as a result of being here.”

- STEVEN

Stay Focused.

Keep your mind focused on your goal and not on the many obstacles that will arise.

Eligibility Requirements

- 18 years of age or older
- Receiving EIA disability benefits and/or have an open file with the marketAbilities Program
- Living with a diagnosed disability

Intake Sessions

Every Wednesday at 10:00 am and 2:00 pm

Contact us

Contact us today for an opportunity to assist you. For more information call 925-3490.

To make a referral

Phone: 794-1060
E-mail: ofe4change@ofe.ca
(Please include the name of the EIA client, case# and phone number)

Employment services are provided FREE with no risk to losing your current EIA benefits.

Explore dreams.

Resolve ambivalence, prepare people for change and support action.